

# 正面

# 510x87mm

# 63.75x87mm

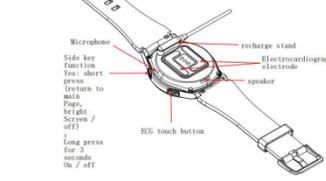
### ECG Smart Watch Manual



Please read the instructions before use

#### 1. Power on, appearance, function, shutdown

Power on, appearance, function: In the power off status, long press the button for 3s to turn on, then enter the main interface. The watch supports full-screen touch, slide up, slide down, left slide, right slide, single point and other operations. It can be quick switched between each function mode (please make sure that the battery is full charged for used at first time. If the watch cannot be power on normally at low power, please charge it before operation, the correct charge is as shown in the figure below)



Power off: Long press the side key for 3 seconds to power off / switch to the power off interface then long press the screen to shut down

#### 2. Download and install the "SmartHealth" APP

1). Scan the QR code on the right to download and install.  
Download and install through the app market.  
Android system: search for "SmartHealth" through the Google play app market to download and install;  
IOS system: search for "SmartHealth" through the App Store to download and install!



#### 3. APP registration and login:

After opening the "SmartHealth" APP, enter the registration/login interface, log in after registering through your email or mobile phone and setting a password, or you can choose to log in without an account. Login and follow the prompts to complete your personal information. (In order to be able to accurately measure and judge your health status, please fill in

your age, height, weight and skin color truthfully, so that the AI algorithm can accurately give the results of the health status measurement!)

#### 4. Connect your watch to your phone

When using the "SmartHealth" APP to connect to the watch, please turn on the Bluetooth of your mobile phone, enter the "SmartHealth" APP and log in, then click "Click to connect to the device" => select "ES08\*\*\*\*\*" to connect and bind. When pairing, please confirm that it is consistent with the Bluetooth address displayed on the watch.



#### 5. Connect the Bluetooth phone to the mobile phone

Turn on the watch and slide it from top to bottom, enter the shortcut menu bar, click the Bluetooth phone Bluetooth switch, turn on the Bluetooth call button, turn on the Bluetooth phone switch on the watch, turn on the phone's Bluetooth-Phone Settings->Bluetooth-Search device-Select "ES08" to connect, the Bluetooth connection success icon will appear on the top of the phone after the connection is successful, and the watch can make calls, listen to music, etc. (After the pairing is successful, each time you turn on the Bluetooth phone, it will automatically pair with the mobile phone. If the Bluetooth phone or mobile phone has been paired with other Bluetooth devices during the period, you need to re-pair)



① Incoming call operation: the Bluetooth phone is connected successfully, when the call comes in, the single-point answering icon will answer the call, and the single-point hanging up icon will hang up the call.



② Music interface function: Bluetooth phone connection is successful, the watch can play mobile phone media music, control the volume up/down, play/pause, previous song, next song



#### 6. Watch function mode

Main interface: (swipe up and down on the main interface to switch between different dial) date, time, week, battery, Bluetooth status, steps, heart rate, week. After selecting the watch face, swipe left and right to enter the first-level function menu, first select the function you want to use.



Weather forecast: After the watch is connected to the phone, the current weather information will be displayed. If the connection is disconnected for a long time, the weather information will not be updated



Sports: Single-point sports icon to enter the sports mode, sports mode includes running, mountaineering, walking, football, jumping and other sports modes) slide up to exit the sports mode



Function selection interface: Swipe up on the main interface to enter the secondary function interface, single-click the function icon to enter, and slide up to exit



ECG watch local test: Wear the watch and connect to the mobile phone APP, click the ECG icon on the watch to start the ECG test. During the test, place your hands on the table at the same height as your chest, and keep your middle finger tightly touching the ECG electrodes to keep calm until the test is completed! (As shown in the figure below), the ECG test takes about 1 minute. After the test is completed, the watch vibrates and prompts "APP View" and exits, then open the "SmartHealth" APP-enter the ECG interface => click on the upper right corner to record => pull down the phone screen after synchronizing the data, check the ECG AI auxiliary diagnosis. (The data is for reference only, not for medical use)



ECG phone APP test: Wear the watch and connect to the mobile phone APP, open the "SmartHealth" APP->Home->ECG test-click to start the test. When testing, place your hands on the table at the height of your chest and your middle finger touches your heart tightly. Keep calm on the electric electrodes until the test is completed, save the data after the test is completed, and directly view the ECG AI for auxiliary diagnosis. (The data is for reference only, not for medical use)

Heart rate interface: Blood pressure interface ECG interface Blood oxygen interface Respiration rate interface



Heart rate and blood pressure test: Single click heart rate / blood pressure icon to measure heart rate and blood pressure, the icon flashes as testing. The duration of the heart rate and blood pressure test is about 30S, slide up to exit (data is for reference only, not for medical use) Information: Click the "Information View" icon to enter the information view, slide left and right to view the information, slide up to exit the



Settings: Click the "Settings" icon to enter: APP QR code download, reset, brightness adjustment, raise the wrist to turn on the screen, power off and other operations, swipe up to exit



Note: More detailed information analysis, data recording and settings can be viewed in the APP Precautions for using the watch

a. It is forbidden to show this product into fire, so as not to cause explosion  
b. This product is waterproof only for cold water, it may cause white fog in the lens when used for hot water  
c. The battery life of this product varies with the usage environment and usage mode.

Disclaimer: Warning: This product is not a medical device. The watch and its applications should not be used for diagnosis, treatment, or prevention of diseases or illnesses. If you want to change your habits such as exercise and sleep, you must first consult with qualified professional medical personnel. In order to avoid serious casualties, our company reserves the right to modify and improve any functions described in this manual without prior notice. At the same time, our company maintains the right to continuously update the product content. Please refer to the actual product for all content.

Warranty regulations:  
1. The warranty period of this product is one year.  
2. During the warranty period, the failure occurred under normal use according to the instruction manual (Determined by the official staff of the company), free repair.  
3. During the warranty period, if one of the following situations occurs, it must be repaired as a fee:  
3.1 Failure and damage caused by misuse and improper repair by yourself  
3.2 Failure or damage caused by transportation, moving, or dropping after purchase.  
3.3 Failure and damage caused by other unresolvable external factors.  
3.4 Damage caused by using a power supply or voltage other than the specified one.  
4. Only the above guarantees are made, and no other express or implied guarantees (including appropriate Marketability, implied guarantees for the rationality and adaptability of a particular application), no In terms of contract, civil negligence, or other aspects, the company does not treat any special Responsible for special, incidental or indirect damages.

# 背面

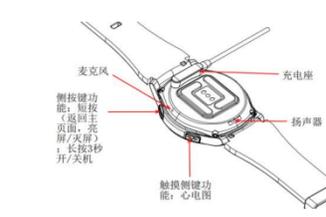
### ECG心电图智能手表说明书



请在使用前查阅说明书

#### 1. 开机、外观、功能、关机

①开机、外观、功能: 在关机状态下, 长按按键 3S 开机, 然后进入主界面。手表支持全屏触摸, 上滑、下滑、左滑、右滑、单点等操作, 可以在各个功能模式之间快速切换 (初次使用请确保电量充足, 若低电不能正常开机, 先充电后再操作, 正确充电如左下图)



②关机: 长按侧按键 3 秒关机 / 切换到关机界面长按屏幕关机

2. 下载安装 "SmartHealth" APP  
通过扫描下方二维码下载安装, 通过应用市场下载安装; Android 系统通过 Google play 应用市场/应用宝搜索 "SmartHealth" 进行下载安装; IOS 系统: 通过 App Store 搜索 "SmartHealth" 进行下载安装



3. APP 注册和登录: 打开 "SmartHealth" APP 后, 进入注册/登陆界面, 通过邮箱或手机号码并设置密码注册后即可登录, 也可选择无账号登录, 登录按提示完善个人信息。为了能够准确的测量和判断您的健康状态, 请如实填写您的年龄和身高体重及皮肤颜色, 以便于 AI 算法精准的给出健康状态测试结果

#### 4. 手表连接手机

用 "SmartHealth" APP 连接手表时, 请先打开手机蓝牙, 进入 "SmartHealth" APP 并登录, 然后点击 "点击连接设备" -> 选择 "ES08\*\*\*\*\*" 连接并绑定, 配对时请确认与手表显示蓝牙地址一致



5. 蓝牙电话连接手机  
打开手机从表盘上滑动, 进入快捷菜单栏点击蓝牙电话蓝牙开关, 打开通话蓝牙按钮, 打开手机蓝牙->手机设置->蓝牙-搜索设备->选择 "ES08" 连接, 连接成功手机上会出现蓝牙连接成功图标, 连接成功手表可以通话, 听音乐等 (配对成功后, 后面每次打开蓝牙电话会自动与手机配对, 若期间蓝牙电话或手机没有配对过其他蓝牙设备则需要重新配对)



①来电操作: 蓝牙电话连接成功状态, 来电时单点接听图标接听电话, 单点挂断图标挂断电话



②音乐界面功能: 蓝牙电话连接成功状态, 手表可以播放手机媒体音乐, 可以控制音量大小、播放/暂停、上一曲、下一曲



#### 6. 手表功能模式

主界面: (在主界面按住表盘左右滑动切换不同的表盘) 日期、时间、星期、电量、蓝牙状态、步数、心率、星期, 选择好表盘后左右滑动可以进入一级功能菜单, 先选择自己要使用的功能。



天气预览: 手表与手机连接后, 左右滑动时会进入天气预览界面, 如果长时间断开连接, 天气信息将无法更新



运动: 单点运动图标进入运动模式, (运动模式里面包含跑步, 登山, 健走, 足球, 跳绳等运动模式) 上滑动退出运动模式



功能选择界面: 主界面向上滑动进入二级功能界面, 单点功能图标进入, 上滑动退出



心电图本地测试: 佩戴好手表并连接手机 APP, 点击手表上心电图图标开始测试心电图, 测试时手齐胸高度平放在桌面上, 中指接触到心电图电极片上保持平静直到测试完成 (如下图所示), 心电图测试大概需要 1 分钟, 测试完成后手表振动提示 "APP 查看" 并退出, 然后打开 "SmartHealth" APP->进入心电图界面->点击右上角记录->下拉手机屏幕同步数据后查看心电图 AI 辅助诊断。 (数据仅供参考, 不作医疗使用)



心电图 APP 测试: 佩戴好手表并连接手机 APP, 打开 "SmartHealth" APP->首页->心电图检测->点击开始测试, 测试时手齐胸高度平放在桌面上, 中指接触到心电图电极片上保持平静直到测试完成, 测试完成后保存数据, 直接查看心电图 AI 辅助诊断。 (数据仅供参考, 不作医疗使用)

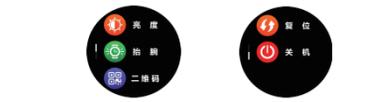


心率、血压测试: 单点心率/血压图标进行测量心率和血压, 图标闪动为测试中, 心率和血压测试时长大概为 30S, 上滑动退出 (数据仅供参考, 不作医疗使用)

信息: 点击 "信息查看" 图标进入信息查看, 左滑动、右滑动查看信息, 上滑动退出



设置: 主界面向下可以快速进入设置界面, 点击 "设置" 图标进入: APP 二维码下载、复位、亮度调节、拍照解锁、关机操作等, 上滑动退出



备注: 更多详细信息分析、数据记录和设置可以在 APP 端中查看  
手表使用注意事项

a. 禁止将本产品扔进火中, 以免引起爆炸。  
b. 本产品防水只是针对冷水, 生活级防水, 不可佩戴游泳, 不可佩戴洗澡。  
c. 本产品电池续航时间由使用环境及使用模式变化而变化。

免责声明:  
警告: 本产品并非医疗装置, 手表及其应用程序不应用于诊断、治疗、或是疾病、病症的预防等行为, 若要改变运动、睡眠等习惯, 请务必先向合格的专业医疗人员咨询, 以免导致严重后果! 我公司保留在不预先通知的情况下, 对本手册中描述的任何功能进行修改和改进的权力, 同时本公司保持不断更新产品内容的权利, 一切内容请以实物为准。

保修条例:  
1. 本产品保修期为壹年。  
2. 在保修期间, 按照使用说明书进行正常使用状况下产生的故障 (由本公司正式工作人员判定), 予以免费维修。  
3. 在保修期间, 如发生以下情况之一, 必须作为收费维修:  
1) 不能够提供本保证书及有效购买凭证。  
2) 错误使用以及自行不当的修理所造成的故障及损坏。  
3) 放入后的运送、震动、跌落造成的故障或损坏。

4) 其它不可避免的外来因素造成故障及损坏。  
5) 使用不当导致设备进水或其它溶液造成的损坏。  
6) 使用指定以外的电源, 电压所造成的损坏。  
7. 仅作以上保证, 不作其它任何明示或暗示性的保证 (其中包括适用性、对某种特定的与应用合理性与适应性的默示保证), 不论在合同中、民事过失上、还是其它方面, 本公司不对任何特殊、偶然的或间接的损害负责。

| 智能手表产品保修卡 |          |
|-----------|----------|
| 收货日期:     | 年 月 日    |
| 客户名称:     |          |
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| 客户地址:     |          |
| 保修内容:     | 售后:      |
| 客户签字:     | □满意 □不满意 |
| 保修内容:     | 售后:      |
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